



Heights Happenings

Winston Heights Newsletter

TERM 2

WEEK 2

As we welcomed students back to school for another exciting term, it was wonderful to see an easing of COVID restrictions allowing parents to freely be onsite and attend school activities such as our cross country carnival. I have had the opportunity to meet many parents, carers and younger siblings at the school gates over the past few terms. However, I'm sure there are many more I'm yet to meet. If you're walking around school grounds or at a school event and happen to see me, I would love you to stop, have a chat and introduce yourself and your child/ren.

Check In Assessments for Year 4 and Year 6

Our Year 4 and 6 students are currently completing the online reading and numeracy Check-in assessments, which are mapped to the NSW syllabuses. These assessments supplement existing school practices to identify how students are performing in literacy and numeracy and help teachers tailor their teaching more specifically to student needs.

NAPLAN Online for Year 3 and 5

- Check In assessments (Year 4 and 6) - Term 2 Week 2, 3
- NAPLAN practice and Online (Year 3 and 5) - Term 2 Week 4, 5
- Reminder - students need headphones for Check IN and NAPLAN Online

NAPLAN assesses literacy and numeracy skills for all students in Years 3, 5, 7 and 9 each year across Australia. NAPLAN tests cover reading, writing, language conventions (spelling, grammar and punctuation) and numeracy.

Our Year 3 and 5 students will complete NAPLAN online commencing Tuesday 11 May through to Friday 21 May.

Year 3 students will complete a paper test for writing on Tuesday 11 May. All other tests for Year 3 and Year 5 will be online.

Reminder - students are required to bring their own headphones to school for the duration of NAPLAN online.

Positive Behaviour for Learning (PBL)

At Winston Heights PS, we expect all students to be safe, respectful, responsible learners in all school settings. Our PBL system reinforces and rewards students' for displaying appropriate behaviour with tokens, mini-merits, Principal awards.

This term, we have introduced the Principal's Gold Award and Principal's gold tokens as an additional incentive to recognise classes and individual students who are consistently safe, respectful, and responsible. Gold tokens have been added to our PBL system and have the same 'value' as our safe, responsible, respectful tokens.

Each week, I will present one class with a Principal's Gold Award at the K-6 assembly. Each student in the class will also receive a gold token.

I was extremely proud to present the very first Principal's Gold Awards to the following three classes.

Congratulations 2LW



Congratulations 3H





Congratulations 1/2C

IMPORTANT: Student Injuries and Returning to School

Sometimes our children are involved in an incident where they get injured at school or outside of school hours. These injuries often require medical attention and rarely, hospitalisation.

If your child sustains an injury (e.g. broken leg, broken arm, large laceration, head injury) **that requires significant support** (e.g. crutches, a wheelchair, arm sling) **or adjustments** (e.g. cannot carry bag, needs to use ramps not stairs, cannot do physical activity) **we request that you contact the school to notify us before your child returns to school.**

To ensure we implement strategies to minimise any foreseeable risk, we will then need to meet with the parents to discuss your child's injury; view doctor recommended supports, adjustments and reports; and complete a risk assessment that outlines the strategies to be implemented at school to support your child. This must be done before your child returns to school.

Thank you for your understanding and cooperation.

K-6 Assemblies

We were very excited to hold our first K-6 assembly for 2021 last Thursday afternoon. Our first assembly was a little 'rough around the edges' as we are all out of practice from attending formal assemblies, singing the national anthem and school song, performing in the band, and running to schedule. Over the coming weeks, we will be reinforcing assembly expectations (such as attentive and respectful listening) and fine tuning our practices. Once we have ironed out the creases, we would love our parents and carers to come along and join our weekly assembly celebrations. I will let you know as soon as we are ready to invite parents to attend on a regular basis.

Terri Bullock
Principal





6N'S Got Game



This term, the students of WHPS have been participating in Got Game gymnastics. 6N have been using different apparatus to roll, jump and cartwheel their way through each session.



Cross Country 2021





PICCOLLAGE

Chaplain Chat Week Chaplain Chat Term 2, Week 2



Hi Everyone, I hope you enjoyed your break and found it refreshing. This term, we are continuing with the **Anxious Parents, Anxious Kids** topic.

To recap

- Worry is normal, and often helpful.
- Pre-empt its arrival by expecting it. This takes away its power
- “Externalize” it by giving it a name and talking about it as separate from you or your child.
- Make plans for how to deal with it’s tricks when it shows up.

It’s important that note that your child’s fears are not your fault. However, as a parent your example of good coping skills and attitudes is powerful. It’s never too late to change how you approach your own worries, and at the same time plant the seeds of change in your family.

For many of us, even before we were parents, worry would rear its ugly, unwanted head at the worst possible times, e.g. when a work deadline was close, or a big exciting upcoming event really mattered. You felt out of control. Clear thinking and logical decisions were impossible, and talking yourself out of it made it feel worse. Physical reactions eg butterflies in the stomach, sweaty palms, headaches, breathlessness, tight muscles added to your discomfort (For some of the science behind this, have a look at <https://www.youtube.com/watch?v=gmwiJ6ghLIM>.) Well, here are some ways:

- Consider how you manage stress? (If you don’t know, ask someone who knows you well for their observations) Do you accept anxiety or avoid it? What would your children say about you?
- Let your child see you approaching unfamiliar or uncertain situations, while accepting the anxiety that goes along with this, rather than letting it stop you. Talk about the feeling (worry, butterflies, etc) and plan what you will do when it turns up. Show you can cope.
- Let your child hear your talking about worry differently, as something normal and valuable, rather than frightening. Encourage curiosity, rather than fear.
- Be flexible. Be satisfied with less than perfection. (Perfectionism is often an unhelpful way of ensuring there will be no uncertainty).
- At the dinner table, discuss how you were flexible today.
- More next week.

Best wishes, **Robyn Bowman – School Chaplain** robyn.bowman2@det.nsw.edu.au



SRC – Aussie of the Term Award Winners

The Aussie of the Term Award winners were announced at the first K-6 Assembly of the term. Congratulations to Lachlan in 5B and Abby in 2LW who were acknowledged for being outstanding school citizens and great Aussie role models. We are all proud of you!

The Aussie of the Term Award is co-ordinated by the Student Representative Council. Each class nominates a student from their own class and another student from a different class.



WINSTON HEIGHTS PUBLIC SCHOOL

canteen

WEEK 3

Date	Recess Orders	Lunch Orders	Over-the-counter sales
Monday, 3 May 2021	Yes	Yes	Yes
Tuesday, 4 May 2021	No	No	Yes-no lunch orders
Wednesday, 5 May 2021	Yes	Yes	Yes
Thursday, 6 May 2021	CLOSED		
Friday, 7 May 2021	No	No	Yes-no lunch orders



Merit Certificates



Congratulations!

Well done to these PBL Award winners who have been Safe,
Respectful & Responsible Learners

AWARDED TO

WEEK 1

KB : Eden & Arielle
KE : Khaleesi & Rayan
KL : Renny & Harriet
1L : Jacob & Ella
1S : Aiden & Leila'Rose
1/2C : Chloe & Orin
2F : Jake & Ronan
2LW : Liam & Emily
3H : Scarlett & Annabelle
3P : Zoe & Aditya
3/4L : Zarah & Elin
4M : Cooper & Eva
4O : Sonisha & Hannah
5B : Patrick & NFP
5/6A : Hamilton & Lillian
6G : Charlotte & NFP
6N : NFP & Zac

Library: KE, 2LW, 5/6A & 6G

Super Award: Nate & Ela

RFF/The Studio: 2F, 4M & 4O

AWARDED TO

WEEK 2

KB : Lucas & Samuel
KE : Clara & Hendrix
KL : Julian & Alicia
1L : Michael & Keira
1S : Payton & Denton
1/2C : Aiden & Ella
2F : Avangeline & Cormac
2LW : Beau & Olivia
3H : Evie & Cooper
3P : Abi & Elise
3/4L : Wil & Aysha
4M : Aaron & Livia
4O : Xavier & Ebba
5B : Zanda & Rhea
5/6A : Zavia & Madelyn
6G : Jessica & Ruby
6N : Mya & Adrian

Library: KB & 3H

Super Award: Orin

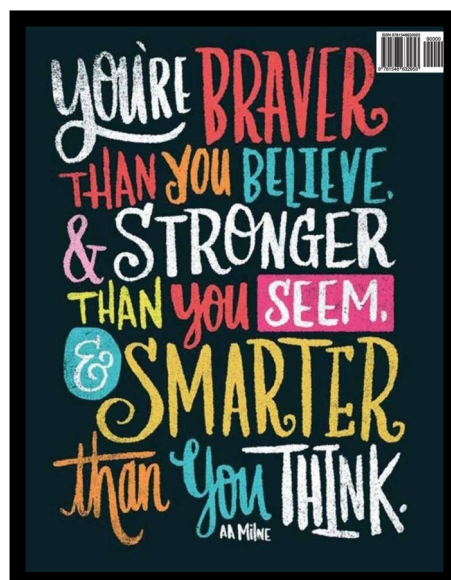
RFF/The Studio:

Messages from The Office

- A reminder not to send important/urgent messages via the school email. While I check the emails daily, school is a busy place and emails may not get actioned until the next day. Always phone us in the office to ensure your message is received.
- Excursion, PSSA and sport permission notes are sent as a hard copy and as a soft copy emailed home. If your child is NOT attending please contact the school so we can adjust their account and notify their teacher.
- Mother's Day stall is on next Thursday 6 May. Don't forget to buy your tokens via flexischools to purchase some beautiful gifts. Students are to bring a shopping bag to put their goodies in!
- There has been some confusion lately with the Canteen opening days. Should the Canteen have to close on a Monday, Wednesday or Thursday, due to no volunteers, we will send an APP message. However, a reminder the Canteen is **NOT** open **every** Tuesday and Friday for lunch orders.
- Motiv8sports will be holding an afterschool sports clinic on Tuesdays this term. For more information and to enrol your child please go to motiv8sports.com.au/events/parramatta or phone 0438 697 279
- **Notes and Money Due:**
 - * Great Aussie Bush Camp - Stage 3 - \$330 Deposit and note due by 30th April
 - * PSSA Netball/AFL/Newcombe Ball/Soccer - Selected students - Due by 27th April
 - * Annual School Fees - Whole School - Now overdue

Office Hours 8.30am - 3.15pm

**Mrs Lee Wood, Mrs Rachael Calvar, Mrs Carolyn Leverton
and Ms Marlaine Schultz**



Diary Dates

TERM DATES 2021

Term 2 - Tuesday 20 April to Friday 25 June

Term 3 - Tuesday 13 July to Friday 17 September

Term 4 - Tuesday 5 October to Thursday 16 December

Please note the following diary dates may be subject to change.

Further information will be sent home closer to the event being held.

May 2021

Thurs 6	Mothers' Day Fundraiser
Tues 11– Fri 21	NAPLAN online window
Tues 18	Year 1 excursion to Third Settlement Reserve
Thurs 20	Year 2 excursion to Third Settlement Reserve
Mon 24 -Tues 25	Band Camp
Mon 24	P&C meeting, 7pm in Staff Room

June 2021

Tues 1	Colour Run
Tues 15	Athletics Carnival
Fri 25	Last day of Term 2

July 2021

Tues 13	Term 3 begins
Mon 26	P&C meeting, 7pm in Staff Room

PSSA Sport Calendar

Netball

Students leave at 12.10pm

30/4	Bus to Wellgate Ave Kellyville
7/5	Bus to Wellgate Ave Kellyville
14/5	Bus to Wellgate Ave Kellyville

AFL

Students leave at 12.10pm

30/4	Bus to Hills Centenary Park
7/5	Bus to Hills Centenary Park
14/5	Bus to Hills Centenary Park

Soccer

Students leave at 12.10pm

30/4	Bus to Francesco Reserve
7/5	Walk to Max Ruddock
14/5	Bus to Max Ruddock

Newcombe Ball

Students leave at 12.10pm if not at WHPS

30/4	Home
7/5	Home
14/5	Bus to Northmead Public School

P&C News

On Monday 26th April the P&C AGM was held. During this meeting the executive roles for the P & C were made available to new nominations.

I would like to thank all members of the P&C for 2020. These community members volunteer their time and effort to support the education and growth of our students.

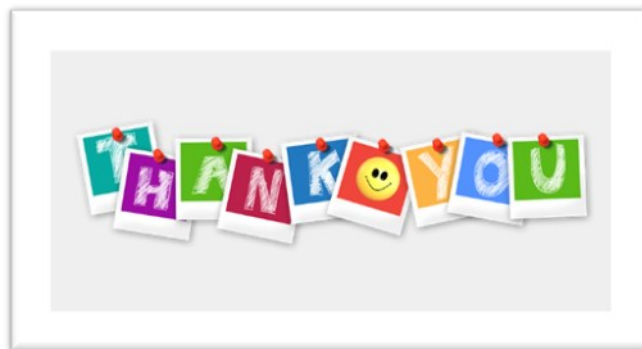
In particular I would like to thank the outgoing 2020 executive committee Katie, Gwen and Amir for their unwavering support and commitment through a challenging COVID19 year.

Introducing our 2021 P&C Executive Committee

President – Roseanne

Secretary – Dean

Treasurer – Anand



If you are interested in learning about the P&C Committee, come along to our next meeting on Monday 24th May at 7pm held in the staffroom.

MOTHERS DAY STALL – THURSDAY 6TH MAY

Please purchase your tokens via Flexischool by **Sunday 2nd May 8pm Cut-off.**

A reminder to send your child/children to school on Thursday with a shopping bag so they can hide and carry home their selected gifts.

We look forward to seeing all the children's bright and excited faces on the day and thank you for your ongoing support of the Winston Heights P&C Association.

*Happy
Mother's
Day*

STEWART HOUSE Donation Drive 2021

Simply Place \$2 in your envelope and return it to school

You could a \$4000 holiday/gift voucher

Envelopes have come home this week, one per family.

Entries will be due back at school by Thursday 13th May.



Uniform Shop

***Taking orders for winter uniforms
NOW !!***



***Please note: winter uniform must be worn
from beginning of Term 2 to the end of Term 3.***

Winston Heights

Run4Fun Colour Explosion



POSTPONED!

New date:

1st June 2021