

#### That's a Wrap on Term 1!

What an exciting and very busy start to the school year we've all experienced!!! From forming classes and finding out who your child's teacher would be, to the DoE COVID guidelines relaxing to allow parents back on school site. And most recently, we have witnessed (some of us firsthand) the devastation of the floods and the resurgence of community transmission of COVID. Some of the events that have happened over the past ten weeks, both within our school community and on a much wider scale, have reminded us of the important role our school plays in being the heart of our community. The staff of Winston Heights PS pride themselves on providing high-quality education for every student. They also excel when showing care, understanding and positivity to our families, students, and staff. I would like to thank our staff - teaching and non-teaching - for their unlimited amounts of dedication and flexibility in what has been a phenomenal term. I would also like to pass on my sincere thanks to our families for your continued understanding and support through all of the changes and challenges experienced this term.

#### **Staffing Updates**

It is with mixed emotions that I share the following staffing updates with you.

I would like to congratulate Mrs Kathryn Lee who has been successful, through the merit selection process, gaining a substantive Assistant Principal position at Kings Langley PS. Mrs Lee will commence her new role from the beginning of Term 2. I know she is very excited about the next stage of her career; however she is also incredibly saddened to be leaving her class, our kindergarten students and Winston Heights PS at the end of this term. To find the most suitable educator to teach KL and lead our Kindy team, I am currently leading an Expression of Interest panel that is open to all NSW Department of Education teachers. Hopefully, this process will be finalised in the next few days. As soon as I am able to, I will let you know who will teach KL and lead our Kindy team for the remainder of the 2021 school year. I anticipate this role will commence at the start of Term 2.

I would also like to congratulate Mr Daniel Gorrie who has been successful, through the merit selection process, in gaining a substantive Deputy Principal position at Northmead PS. As with all substantive appointments, there is a 10 day appeal period. In this case, the appeal period will finish during the school holidays. It is expected that Mr Gorrie will commence his new role from the beginning of Term 2. I know he is very excited about the next stage of his career; however he is also very disappointed to be leaving his class, our Stage 3 students and our school at the end of this term. Mrs Booth with her experience and leadership skills will lead the Stage 3 team for the remainder of the 2021 school year. To find the most suitable educator to teach 6G, I am currently leading an Expression of Interest panel. As this process has just started, I hope that it will be finalised by the end of the school holidays. As soon as I am able to, I will let you know who the new teacher of 6G will be.

We will be saying 'goodbye' to another much-loved staff member today. Mrs Ronda Pringle has been an incredibly compassionate, empathetic and caring School Learning Support Officer (SLSO) at our school for the past six years. During this time, she has supported and encouraged many students to engage positively with their learning and in the school environment. I know everyone in our school community will miss Mrs Pringle dearly. We wish her all the very best with her new adventures.

#### School Council

For many, many years, Winston Heights PS has had two parent bodies - the P&C and the School Council - working in partnership to support and help improve every aspect of our school.

In formulating the situational analysis for our 2021-24 Strategic Improvement Plan (SIP), we went about evaluating school data, systems, and structures. In doing so, we identified strengths, areas of focus, and practices that might not be conducive to school improvement.

The School Council was one practice that was evaluated through this process. As the purpose, direction and vision of the School Council aligned with those of the P&C, it was suggested that the School Council be dissolved, with personnel provided with the option of joining the P&C. Consequently, this discussion and decision was added to the agenda for the past three School Council meetings, to allow sufficient consideration and deliberation to be made. At the most recent School Council meeting, held on Wednesday 24 March, members of the School Council unanimously voted to dissolve the School Council.

I would like to personally acknowledge and thank the members of the School Council for their dedication, enthusiasm and support of Winston Height PS over the years.

In moving forward, our school will continue to work in close partnership with the P&C.

#### Happy Holidays!

After such a busy term, I think everyone is in need of a break ... and thank goodness the school holidays have arrived! I'm looking forward to spending time with friends and family during the school holidays. A much-needed sleep-in and breakfast in bed will also be high on my priority list.

On behalf of the Winston Heights staff, I would like to wish our families a safe and wonderful break - enjoy the time with your loved ones!

See you all back at school on Tuesday 20 April for another jam-packed, and exciting term!



#### STEWART HOUSE Donation Drive 2021 -

#### **Coming Soon**

Win a \$4000 holiday/gift voucher Watch out for your entry envelope in Week 1, Term 2 Entries will be due back at school by 14<sup>th</sup> May.



## Uniform Shop

Taking orders for winter uniforms NOW !!



Please note: winter uniform must be worn from beginning of Term 2 to the end of Term 3.

## Winston Heights

### **Run4Fun Colour Explosion**





New date: 1st June 2021

## Winston Weights Public School Student Representative Council Members 2021

Congratulations to the following students who were elected by their classmates as members of the Student Representative Council for 2021.

Kindergarten students will be elected at the beginning of Term 2	1L Callum Ella	15 Damon Tiffany
2F Cormac	2LW Liam	1/2C Elias
Lauren	Stella	Layla
<b>3H</b> Edward	3P Mitchell	3/4L Oliver
Eliza	Jenny	Scarlett
4M Neek	40 Lachlan	58 Lachlan
NFP	Lily	Sunny
5/6A Archie	6G Brian	6N Thomas
Annabelle	Chloe	Keira
School Captains Riley Kieran	School Vice Captains Peyton Zac	



Here is a report from our School Captain, Riley about our first meeting.

Last week, the SRC got together to discuss our responsibilities as SRC members. We talked about ideas for our School disco, special days and fundraisers. For Term 2, our school focus is keeping our school litter free. We are going to make fun and colourful posters to hang up around our school encouraging people to do the right thing and keep WHPS beautiful. Classes have voted for Aussie of the Term nominations and the winners will be announced in the first Assembly back in the big hall. Our next SRC meeting will be held in the Studio during first lunch on Wednesday in Week 2, Term 2.



News from our Library

## PRC (Premier's Reading Challenge)

Over the past month students in Years 1-6 have made a huge effort as they work toward completing the 2021 Premier's Reading Challenge. All Kindergarten students will complete the challenge as part of a shared reading program in the Library. Kinder students do not require a reading record. Year 1 and 2 students should continue to record their PRC books and their paper reading records.

During the Autumn break students in Years 3-6 may still record their PRC books online. Go to the student portal https://education.nsw.gov.au and log in with the same username and password they use at school.



Scroll down to the blue section and type in the PRC identification number (on the PRC sticker), the title of the book or author and hit Search. When students have found the book, click on Add to Reading Log. Students can check their progress by clicking the coloured icon next to the Log out tab in the top right corner



OLIVER Library - April Book Reviews

#### Are looking for a good read?

Check out these book reviews posted by our talented students in OLIVER Library.

	This book is out of this world! I feel like I was of first read this book. The protagonists are brave give up. If you have read the first Polly and Bu trigued, then this book is for you! <b>Kiki G Yr5</b>	e, funny and they never ster book and you felt in-
	This is an outstanding, funny and joy filled boo trying to show the adults who's boss, although ing that children <b>should not</b> be underestimate for its humour and originality. I would also reco years of age and anyone one who <b>loves</b> to laur <b>Alice BF Yr 6</b>	it does hide a deep mean- ed. I give this book a 4/5, ommend this to ages 8-13 gh.
ROALD DAHL NATILDA	A LOT of people think that I like this book beca character) is called Matilda. This wondrous tale turns in it, that I barely care about her name! Trunchbull gets so overworked over one little g this book, you are OUT OF YOUR MIND!!! It's v Once, when I was in year 2, I was reading this I was only going to read one or two chapters, b story, and became so caught up, that I had rea REAL page turner- once you start reading it, you Matilda G Yr 5	e has so many twists and I absolutely love how Mrs genius! If you haven't read very funny and intriguing. book before I went to bed. but I was taken into the ad the whole book. It's a
	This is another great book in the Asterix and O in Athens, the Olympic Games committee tells magical strength potion, their Druid Getafix bre do to win an event in the Olympics? <b>Roshan M Yr 6</b>	them they cannot use their
David Walliams WORLDS WORSTA CHILDREN 22	Well, I guess the 2 means two times as bad. Be fidence and just plain naughtiness, these childr I wonder where David Walliams gets his ideas. entirely fictitious? Boy, I hope it is the second of <b>Charlotte H Yr6</b>	en could break records. From the real world? Or
WINNER Term 1 OLIVER Library Book Reviews	Pudent Block Reverses DLVKR Librory	Riley Yr 6

#### Chaplain Chat Week 10, 2021

Anxiety in Children: Last night I sat in a meeting with about 20 counsellors and psychologists. The presenter asked them for their opinions about why there has been such a massive increase in childhood anxiety since their own childhoods. They came up with a list of about 15 different changes that have happened in the lives of children,



families and societies, which have directly effected the ability of children to cope with the demands placed on them. There is no space here to include that list, but I will say that some of those changes are out of our hands as parents, but some are not, such as <u>time spent outdoors</u>. Coincidentally, I heard a Generation Next talk this morning about this impact of the lack of green space on children's and adults mental health. Research shows that even a view of nature has a positive impact on the human brain's ability to relax. (I'm sure this is one of the reasons why I love daylight saving.) I hope you can have a listen to <u>The Benefits of Green Space</u>

# **Anxious Parents Anxious Kids Pt 1: ANXIETY IS NORMAL** (As promised, I'm summarising this really helpful book)

Everyone worries. In fact, it's helpful. Healthy anxiety gets essays written and children to school on time. It helps our kids to move towards things that matter to them. Life would be meaningless without it. Anyone whose life involves performance testify they get nervous every time. But problems occur when anxiety means avoiding unpleasant feelings by avoiding activities. We parents want to protect our children from discomfort but when family decisions start to revolve around your child's fears, your child hears the message that fears are something they can't manage themselves. The key is to allow them to learn how to manage their anxiety by treating it as a real, predictable sensation, and developing a plan for coping. Here are some basic strategies. (More in later issues)

<u>Name it</u> This allows your child to stand back, look at fears critically and note the influential tricks their worry uses. With your child, talk about it as separate from them, and name it. I find worry "sits on my shoulder" and niggles away, so I am going to call it "Niggles". (This name is a little disrespectful too, diminishing some of its power over me).

<u>Expect Worry to Show Up</u>. If Niggles troubles your child, you will have noticed that he shows up in certain circumstances. If you can pre-empt it, expect it, this helps to reduce its power. This shows that you know Niggles is real and unpleasant and gives you the opportunity to make a plan together to manage its impact.

<u>Example:</u> Amy wants to go on a sleepover this weekend, but has never succeeded in staying away. Even though she is keen, Niggles shows up (again) on the day, telling her she should stay home to avoid being scared, sleepless, sick or embarrassed. (She is worrying about worry) Niggles' argument sounds reasonable but you try reasoning with her ("sleepovers are fun", "nothing bad will happen", "no one will know" etc.), promise to come and pick your child up in the middle of the night, or she completely skips the event. These all <u>add to Niggles, power, validating its tricks</u>. A better way would be, together, to anticipate Niggles arrival, and make a plan so she can stay at the sleepover and enjoying her time away. *Please read our next item in Term 2 as there is much to say about this very important topic.* 

And please enjoy your break. Robyn Bowman – School Chaplain

robyn.bowman2@det.nsw.edu.au

# **Diary Dates** TERM DATES 2021

Term 2 - Tuesday 20 April to Friday 25 June
Term 3 - Tuesday 13 July to Friday 17 September
Term 4 - Tuesday 5 October to Thursday 16 December
Please note the following diary dates may be subject to change.
Further information will be sent home closer to the event being held.

#### April 2021

Thurs 1	K-2 Easter Hat Parade Last day of Term 1
Tues 20	Students return for Term 2
Thurs 22	Cross Country Carnival
Mon 26	P&C AGM - 7pm in staffroom

#### May 2021

Thurs 6	Mothers' Day Fundraiser
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Mon 24 -Tues 25 Band Camp

#### June 2021

Tues 1	Colour Run

Athletics Carnival

Fri 25	Last day of Term 2
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#### **PSSA Sport Calendar**

#### Netball

Students	leave at 12.10pm
30/4	Bus to Wellgate Ave Kellyville
7/5	Bus to Wellgate Ave Kellyville
14/5	Bus to Wellgate Ave Kellyville

#### AFL

Students	leave at 12.10pm
30/4	Bus to Hills Centenary Park
7/5	Bus to Hills Centenary Park
14/5	Bus to Hills Centenary Park

#### Soccer

Students	leave at 12.10pm
30/4	Bus to Francesco Reserve
7/5	Walk to Max Ruddock
14/5	Bus to Max Ruddock

#### Newcombe Ball

leave at 12.10pm if not at WHPS
Home
Home
Bus to Northmead Public School

# Messages from The Office

- A reminder from Term 2 all students are to wear their winter uniform.
- Term 2 begins on Tuesday 20th April for all students.
- On behalf of all of us in the office we wish you all a happy Easter and enjoy the holidays.
- Notes and Money Due:
  - \* Annual School Fees Whole School Now overdue
  - \* Got Game Gymnastics Whole School \$20 Due by 22nd April
  - \* Year 5 Opportunity Class for 2022 Year 4 Note due by 23rd April
  - \* Great Aussie Bush Camp Stage 3 \$330 Deposit and note due by 30th April
  - \* PSSA Netball/AFL/Newcombe Ball/Soccer Selected students Due by 27th April

Office Hours 8.30am - 3.15pm Mrs Lee Wood, Mrs Rachael Calvar, Mrs Carolyn Leverton, Ms Marlaine Schultz and Miss Teneille Lowe

# Nutrition Snippet

# EASTER TREATS.



Our <u>banana pikelets</u> make a healthy breakfast or snack without the sugar load!

#### Try these healthy ideas for Easter:

- Shape <u>apple and date bliss balls</u> into Easter Eggs
- <u>Carrot cake oat biscuits</u> the Easter Bunny's fav!
- Green smoothies for thirsty bunnies

<u>healthylunchbox.com.au</u>



Cancer Council Healthy Lunch Box





# Merit Certificates



#### **Congratulations!**

Well done to these PBL Award winners who have been Safe, Respectful & Responsible Learners

Rayaan, Noah

#### **AWARDED TO**

	WEEK 9
КВ	: Renan & Jacob
KE	: Anui & Arun
KL	: Abi & Aaron
1L	: Shadi & NFP
1S	: Annie & Param
1/2C	: Tyler & Elias
2F	: Xander & Victoria
2LW	: Jayden & Emma
3H	: NFP & Georgina
3P	: Aditya & Renit
3/4L	:
4M	: NFP & Ryan
40	: Matilda & Bareen
5B	: Zarah & Elliot
5/6A	: Ben & NFP
6G	: Emily & Aydin
6N	: Franklin & Mae
Librar	r 1/2C & 10

Library: 1/2C & 40

Super Award: Karam

**RFF/The Studio:** 

# - INVITATION -

## You are invited to the WHPS

When – Monday 26<sup>th</sup> April, 2021 Time – 7pm Where – WHPS staffroom.

(Note - The monthly P&C meeting is held directly after the AGM)



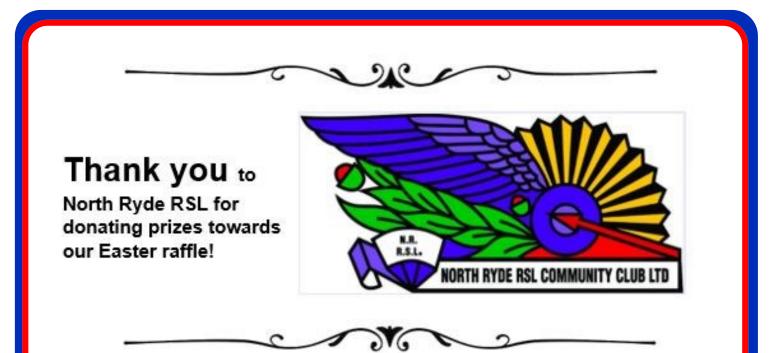
The P&C AGM is held once each calendar year. At this meeting, all Office and other positions become vacant and then filled by nomination. Any member of the association can be nominated for a position.



To give you a clearer idea of what is involved with each of the Office bearer positions, we have included the job descriptions on the next page.



Role of the President The President is elected at the P&C Association's Annual General Meeting.		Role of the Vice President The Winston Heights P&C define the role of Junior and Senior Vice President as follows:
Role ()	the meeting can elect a chairperson from the members present for that meeting. If The Secretary	the community and promote the successes of the school. Role Of The Treasurer
999-999-999 999-999-999	The Secretary is responsible for carrying out the administrative tasks related to the decisions of the meetings as resolved. The Secretary prepares, in consultation with the President, all meeting agendas. The Secretary is required to attend P&C Association meetings and take notes of the discussions in order to produce a set of Minutes for subsequent distribution to members and for receipt, possible amendment and adoption at the following meeting. (In the absence of the Secretary the meeting should elect a person to take the Minutes, this person should be identified in the Minutes.) Further, the position includes receiving and tabling all correspondence as well as writing and dispatching outgoing correspondence as resolved/appropriate.	<ul> <li>Whilst all P&amp;C members must be mindful of complying with financial accountability requirements, this is the Treasurer's primary responsibility.</li> <li>The Treasurer receives and deposits monies, maintains records, draws cheques* and presents accounts.</li> <li>The Treasurer also ensures that all funds held and handled by P&amp;C are properly and openly accounted for as the Treasurer is responsible for al funds held in the name of the P&amp;C Association. This includes all P&amp;C Association committees. This does not mean that the Treasurer must undertake the actual bookkeeping themselves but they must ensure that the various sub-committee financial records have been kept to the Treasurer's satisfaction.</li> <li>The Treasurer is a signatory on the P&amp;C accounts and should not delegate this responsibility.</li> </ul>
1756	maintains official records of the P&C Association such as the constitution, by-laws, rules of subcommittees, Incorporation Certificate, ABN details, list of financial (voting) members, Minutes, Attendance book.	<ul> <li>The Treasurer should encourage members to understand the state of the P&amp;C Association finances.</li> <li>The Treasurer must ensure a case book or books are kept, recording all financial transactions of the P&amp;C Association.</li> </ul>







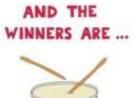
## First prize – ticket #277 Jessica McNeill Second prize - ticket #384 Bronwyn Cutts Third prize - ticket #97 Amanda Wright

We want to thank everyone who participated in this year's Easter raffle and for supporting your P&C! We sold \$1196 worth of tickets which will go towards valuable resources and programs that supports your child's learning along with the school.



A massive pat on the back is deserved for all the amazing entries in this year's Easter Egg Art Competition. We certainly have some very creative students at Winston Heights Public School! Well done everyone!

One winner from each year group was selected by stage leaders and winning designs can be viewed in the school office and it is well worth the trip to check them out.















































































## "Mum, Dad can you volunteer to teach me Islamic scripture at my public school please?"

ISRE - Islamic Special Religious Education can help you teach your own kids. They will supply you with everything you need. You dont have to be a qualified teacher.



For more info please contact us: Head Office - 9708 0880 Email - info@isre.org.au Website - www.isre.org.au





### P&C AGM is on Monday 26th April at 7pm

This will be followed by our monthly P&C meeting All welcome to attend We hope to see you there!