



# Heights Happenings

Winston Heights Newsletter

TERM 1

WEEK 2

Dear Parents,

## Welcome to 2020!

Welcome back to our students and families who are returning to Winston Heights. I also extend a very warm welcome to our new students and families joining our school. I hope you have already been able to establish some friendships within our community. It has been a great start for our 56 new Kindergarten students this week. It was wonderful to see our new cohort of students smiling and ready to start school. There were no tears from our students, however, an occasional few from the parents when they waved their children goodbye.

We have formed 18 classes this year and our students in Years 1-6 were placed in classes after recess on their first day of attendance. At the beginning of each year it comes down to checking returning students, new enrolments arriving at our school and finding out if families have moved during the vacation period, to determine if we keep the same number of classes and staff. This year our numbers are lower due to a large cohort leaving last year than what we have taken in for our Kindergarten classes. It is always difficult to know exactly if our plans for classes will be right after returning from the long holiday break.

It has also been a difficult time for some families with a delayed start to the year due to Government regulations. We ask that all families follow the regulations set out by both the Department of Education and the Department of Health with regards to the novel coronavirus to ensure we keep all our students, staff and community healthy. We have kept all our families up to date with information as soon as we receive it through our email system.

## School Newsletters and Communication

This first school newsletter of the year goes home as both a printed copy to all students and as an email to families. Future newsletters will only be emailed to each family. The Office will also have a few printed copies should you wish to pick up a paper copy. The newsletter is distributed once a fortnight on the Thursday of even weeks.

If you are not receiving emails from our school (and we have sent a number of them since Tuesday 28<sup>th</sup> January 2020) it is imperative that you contact the school office ASAP so we can update your details and ensure you receive future communications.

## New and Returning Staff at Winston Heights

Winston Heights welcomes Mrs Laura Booth and Mrs Olivia Volpe to the teaching staff this year. Mr Greg Leeson has returned to us and Mr Jared Fitzsimmons will be with us for the full year. Mrs Jenine Hinton has returned after Term 4 on leave and at the end of next week we say farewell to Ms Andersson as she takes leave for most of the year. A full staff listing is attached to the newsletter for your reference.

## Meet the Teacher/Parent Information Chats

We are holding our Meet the Teacher/Parent Chats next week for Years 1-6. These are 10 minute sessions where parents have a chance to meet their child's class teacher and give them information about their child. Bookings for interviews are online and opened on Monday of this week (3rd Feb) at 9am. Notes were sent home last Friday as a bag drop and also through email. Please contact the office for more information.

Parents of Years 1-6 have the opportunity to let the teacher know about their child and anything that might impact his/her learning. The teacher will also provide parents with an overview of what will be happening in class in regards to the curriculum. This chat/session is not about the teacher giving a progress report on your child as we have only just started the

school year. If at any time during the year you wish to meet with your child's teacher please contact the school office or send a request through the School App. At the end of Term 2 when reports are distributed for Semester One, interviews will again be offered to parents and carers.

Kindergarten parents are invited to meet class teachers for a Parent Information session on Wednesday 12<sup>th</sup> February of next week from 6:15-7:15pm. Kindergarten sessions are for all parents at the same time in your child's classroom.

### **Office Hours**

A reminder that our school office opens from 8:30am – 3:15pm. If the office shutter is down then you can email the school with any issues or concerns or send a message on the School App or call the school the following day.

### **Staff Car Park**

At the start of each school year we remind parents and carers about setting the example for your children. Please show your children that you park correctly and in the approved places on the streets around the school. This does not include the staff car park or the local fitness centre next door. We also ask that you do not walk through the staff car park at any time. Always access the school via the pedestrian gates at Buckleys Rd, Langdon Rd and the back gate off the park near the tennis courts and playground.

### **Swimming Carnival**

Our annual swimming carnival will be held next Tuesday 11<sup>th</sup> February at Granville Pool. All students in Years 3-6 should attend. Year 2 students who are turning 8 and can confidently and competitively swim 50 metres, and are prepared to participate in the swimming races, are also invited. Parents may attend as spectators and will need to pay a fee upon entry at the pool. All students attending must travel by bus with their classes. Children may be signed out at the end of the carnival and go home with parents. Students who are signed out must then be supervised by their parents if remaining at the pool and must not re-enter the pool to swim until the rest of the school has left Granville Pool.

### **Welcome Kindergarten Students**

Welcome to our 56 new Kindergarten students to Winston Heights Public School: Alessandra, Joseph, Ava A, Jazz, Caleb, Nicolas, Ella C, Payton, Jorden, Emily, Divij, Michael, Stephanie, Hannah, Param, Harpah, Myrah, Ela, Theodore, Denton, Josie, Chloe, Ava F, Damon, Charlie, Raihan, Shadi, Keira, Annie, Ethan, Isha, CJ, Ruby, Jacob, Ella S, NFP, Tegan, Isobella, Orin, Adam, Sienna, Aiden, Madeleine, Radha, Harrison, Austin, Bronte, Callum, Denice, Addison, Parmin, Bryant, Ella W, Jackson, Tiffany and Elias.

I was very impressed with the way our new students walked with their new class teacher on day one, out of the hall and to their new classroom. They had a great day. Parents you should be very proud of the way your child handled transition to "big school". You should also be congratulated on the way you prepared your child, ready to start school with a positive attitude, enabling them to separate and walk to their new teacher with confidence.

### **Zone PSSA Trials**

Next Wednesday we have 23 of our students trialling for various representative sports to be part of the Castle Hill Zone PSSA teams. We wish these students luck as they trial against 19 other schools in The Hills area. Students are to register at the check-in table on arrival at Bernie Mullane Sporting Complex 30 minutes before each of the sports events they have been selected to trial for. Students who are successful in making a Zone Team will not be told on the day of the trials. Schools will receive notification after the Zone Trial Day as to who has been selected in the teams.

### **Extra Curricula Activities for Students**

There are a great many extra curricula activities offered at our school to our students. Some of which include: bands (Performance Band, Concert Band, Beginner Band), Keyboard lessons, PSSA Sport, Choir, Dance, and WHET group (Winston Heights Environmental Team). The teachers announce these groups at morning assemblies. Students need to be listening to find out when auditions and rehearsals will be. These groups are mainly for students in Years 3-6, however there are a few activities for Years 1 and 2. Kindergarten students spend their first year getting acquainted with routines and making new friends. These activities are extra opportunities. Children can choose to be part of these groups but must be committed to the weekly lunchtime meetings or before school music and training sessions.

Not all the extra curricula activities will start in Term 1. Students need to be listening to daily messages and looking at noticeboards around the school for new announcements. We will announce the extracurricula activities that will be taking place in Term 1 very soon.

### **Canteen**

Our canteen is up and running. Thank you to our volunteers. If you have been looking for something to keep yourself occupied (especially if you've just sent a little one to Kindy) please let us know and we will put you in touch with our Canteen Roster Organiser. New parents will always have someone to assist them and there are many options available for short shifts. They are great hours too – all during school time.

The Canteen is extremely desperate for helpers at present. We would like to see our school canteen stay open but unless we get more volunteers to take some shifts it may need to close on some days. All profits from the Canteen go back into the school via the P&C. In the past few years the Canteen has funded the gymnastics and dance programs for all students, procured two of the covered picnic shelters in the Community Corner, purchased the Representative sports uniforms for our students going to Zone Carnivals and a variety of appliances and equipment for the running of the Canteen. The Canteen is a valuable service to our students and the community and is a Healthy Canteen as acknowledged by the Department of Health. It meets all the Healthy Canteen guidelines and enables our students to order their lunch and/or buy a healthy treat every now and again at very affordable prices. Please consider helping out in the canteen. We appreciate every hour that is volunteered.

The canteen will be open for lunch orders and across the counter sales Monday through to Thursday this year. On Friday the canteen will open only at lunchtime for across the counter sales (no lunch orders). We are hoping that our Canteen will be able to keep to these days.

### **Annual School Fees**

We have sent out our Annual School Fees for this year and are pleased to see some families have already sent through their payments. I thank you for this. Please look over the schedule carefully and try to get these paid as soon as possible. These funds help us to ensure we have all the available resources in each classroom for your child. Some of these funds go towards the cost of Mathletics, Reading Eggs, ClickView, School Magazines, Diaries, books, art and craft supplies, technology updates, maintenance and our school environment. The list goes on and on. If your family is experiencing any financial difficulties the fees can be paid in part payments. Please make an appointment with Mrs Creagh if you would like to discuss this further.

Our school uses a financial system that enables us to send an invoice to you for payment. Permission notes and information will go out as a hard copy with students and also as an email. Towards the due date, if a student has not returned the permission note and money involved, an invoice and another note will be emailed to the family as a reminder.

### **Yearly Calendar**

Please find attached a calendar for 2020. Additional dates will be added as planning continues and each fortnight in our newsletter we will publish diary dates as reminders. Each term an updated calendar will be published. Please understand that some dates may change, particularly some event dates in the later part of the year.

### **School Attendance**

It is a legal requirement for students to attend school every day. If a child is sick and unable to come to school then parents/carers are required to send a note to the class teacher on the day of their return to school. Parents are able to send notice if their child is sick through the School App or via email to the school.

Punctuality is also extremely important. Children need to arrive at school on time to ensure they are ready to listen to morning messages at lines and move into classrooms to hear the teacher instructions for the day. Children arriving after the 9am bell should go to the school office, with their parents, to collect a late note before going to their classroom.

### **Not For Publication (NFP)**

At times, you will find the acronym "NFP" appearing in our newsletter when we list merit award winners, student names in sports reports or other events. This is because some families do not wish to have their child's name or photo published. Whenever we print names we only print first names. If you wish to change your decision regarding "Not For Publication" please speak with the school office for a new document to be sent home to change this in writing. This document is usually completed at the time of enrolment.

## P&C AGM and Special Meetings for Parent Organisations

Our first P&C meeting will be held on Monday 24<sup>th</sup> February at 7pm. All parents are welcome to attend this. It will be held in the office.

The Annual General Meeting (AGM) for P&C will be on the 23<sup>rd</sup> March. All positions will be declared vacant at this time to elect or re-elect a new Executive Committee. Special Meetings will be held for our Canteen on 5<sup>th</sup> March at 6pm and for the Music Committee it will be 18<sup>th</sup> March at 6:30pm.

### Afternoon Pickup

At the beginning of the year it is a timely reminder to parents, carers, relatives, family friends and high school siblings about the afternoon pick-up process. We kindly ask all who are meeting students at the end of the day to wait at one of the three gates. The three gates are Buckleys Rd (Near Staff car park), Langdon Rd (Crossing Supervisor) and Back Gate (near playground). Please don't hang around near the classrooms as this is a distraction for students who are learning right up until 3pm. Thank you in advance for your understanding.

### Student Leaders 2020

Congratulations to our new school captains and vice captains for 2020. These were announced at our end of year Presentation Assembly in 2019. Also to our house captains and house vice captains. Some of them performed duties today at our first K-6 Assembly for the year. Our school captains and vice captains will attend all SRC meetings for the year. Our house captains and house vice captains will not attend all the SRC meetings during the year as they are a group of 16. However each house group will attend during a term. Buckley house captains and house vice captains will attend in Term 1. Lanham house captains and house vice captains will attend in Term 2. Oakes house captains and house vice captains will attend in Term 3. Pye house captains and house vice captains will attend in Term 4. Our sports captains will be part of our K-6 assemblies on a rotational roster.

<b>School Captains</b>	Maya C	<b>School Vice Captains</b>	Haylee H
	Alexander T		Will B

### Sport Captains

<b>Buckley House Captains:</b>	Hayden E	Noah M
<b>Buckley Vice Captains:</b>	Siena O	Cohen R
<b>Lanham House Captains:</b>	Aaleeyah T	Aaron F
<b>Lanham Vice Captains:</b>	Elissa K	Efsane K
<b>Oakes House Captains:</b>	Zoe H	Cailen H
<b>Oakes Vice Captains:</b>	Amelia P	Harry H
<b>Pye House Captains:</b>	Ava C	Blake W
<b>Pye Vice Captains:</b>	Charli L	Zac H

Kind regards,

Margaret Creagh

Principal



## 2020 Staff List

Early Stage 1 (Kinder) Teachers	Stage 2 Teachers	Support Teachers
Miss Bolluk – KB	Miss Favell – S2F	Mr Nicolussi – Learning & Wellbeing
Mrs Hall – KH	Mr Fitzsimmons – S2J	Ms Adams – LaS (M – Th)
Mrs Lee – KL	Mr Gorrie – S2G	Ms Andersson - LaS
	Miss Neilson – S2N	Mrs Wright – EALD (M & Tu)
<b>Stage 1 Teachers</b>		Mrs Moulos – EALD (M – Th)
Miss Curtin – 1C	<b>Stage 3 Teachers</b>	
Miss Oryzak – 1H	Miss Allen – S3A	<b>Office Staff &amp; SASS</b>
Mrs Linas & Mrs Wilkinson – 1LW	Mrs Booth – S3B	Mrs Wood - SAM
Mrs England – 2E	Miss Stormon – S3G	Mrs Calvar - SAO
Miss Peksis – 2P	Mr Leeson – S3L	Mrs Leverton - SAO
Mrs Volpe – 2V	Mr Picot – S3P	Mr Batten – GA
		Mrs Alca – SLSO (M – Th)
<b>Executive Staff</b>	<b>RFF Teachers</b>	Mrs Pringle – SLSO (M – Th)
Mrs Creagh - Principal	Mrs Sim – RFF – The Studio	
Mrs Lee – Assistant Principal ES1	Mrs Hinton - Library	<b>School Chaplain</b>
Mrs England – Assistant Principal S1		Mrs Bowman (M, T, Th)
Mr Gorrie – Assistant Principal S2		
Mr Leeson – Assistant Principal S3		<b>School Counsellor</b>
Mr Nicolussi – Assistant Principal – Learning & Wellbeing		Mr Cull (Wed)

## Chaplain Chat 2020

Let me add my welcome to Winston Heights Public School 2020. I hope you and your family are already off to a great year, and that the children are enjoying being back at school, catching up with their friends or meeting and making new and happy friendships. As you no doubt know, those friendships are precious and some will be life-long. If one of your children has started high school this year, please give them my very best wishes for their new adventure, and assure them they are not forgotten.

I'm excited to be back at Winston Heights for 2020. My role this year will include:

- Running our lunch time Structured Play program with children from K-3
- Running a Kindergarten parents morning tea
- Running a variety of group programs focusses on confidence, anxiety, resilience, self-esteem, overcoming grief, and other topics if required
- Presenting a parenting course (123 Magic)
- Providing additional emotional support, or just someone to talk to for some students
- Writing an article for each newsletter. If you have a topic you would like to see covered please let me know. (eg, Resilience, Growth Mindset, Anxiety, Fathering, Cyber safety, Grief, Stress..)

I can't believe this is my 4<sup>th</sup> year here. Children who were in year 3 when I started are now in high school. My hours at the school this year are the same as 2019 ; Mondays all day, Tuesday afternoon and Thursday afternoon. I am always happy to meet with parents, to help support you or hear more about how I could support your children. If you have any concerns about your child's emotional health, it's good to let their class teacher know first so they can arrange a Chaplaincy referral. However, I am always happy to chat to you about this too. I have a new office, which I share with the counsellor. It's currently signed as the Nurses office, and is between S2F and S2N. The office ladies can also help you to find it, as it's a little hidden nook. Drop in, or call first and I will make sure I am free.

Again, I wish you all the best for 2020 and I look forward to seeing you soon,

Best wishes,

Robyn Bowman (School Chaplain)  
 robyn.bowman2@det.nsw.edu.au



# Learning in THE STUDIO at Winston Heights

The STUDIO is a digital storytelling space where students collaborate to create short films. In 2020, each class will visit the STUDIO for an hour each week to use green screen technology, movie making apps and our brand new iPads to develop the 4Cs; creativity, communication, collaboration and critical thinking.



Stage 3 students have created a short film titled 'Three Holiday Wishes', which has been posted on the Stage 3 Studio Google Classroom. In small groups, they are currently creating a digital persuasive argument aimed at convincing Mrs Creagh to implement their 'BIG IDEA' for the school.

Stage 2 have begun shooting an advertisement for the 'Best School in the Universe!' We are using a chromakey app called Do Ink and a graphics/titles app called IntroMate





# Learning in THE STUDIO at Winston Heights

Year 2 are making a short film explaining how 'It's Great to be in Year 2'. Year 1 are turning the book, "The Very Hungry Caterpillar" into a mini movie starring themselves. Kindergarten have just started making a video about their favourite colours. We are loving using Green Screen technology!

collaboration

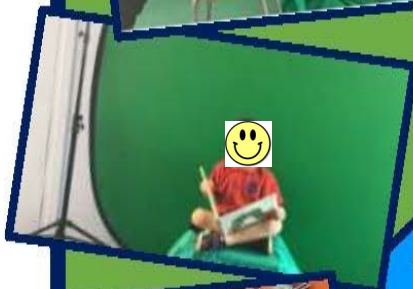
communication



creativity



critical thinking



Mrs Sim loves working with all the classes to develop skills to equip students for 21<sup>st</sup> century learning.

The students enjoy being able to use technology to apply the knowledge they are learning in class. Students take the roles of writers, directors, producers, actors, editors, camera and sound crew. We all work as a team.

We can't wait to show you the amazing media texts that we are creating in THE STUDIO!

Today in the Studio

9:00	S3B
10:00	S2N
11:20	S3L
12:20	2P
2:00	2E

Future focused learning



# Diary Dates

## TERM DATES 2020

**Term 1 2020** Wednesday 29 January 2020 - Thursday 9th April 2020

**Term 2 2020** Tuesday 28 April—Friday 3 July 2020

**Term 3 2020** Tuesday 21 July—Friday 25 September 2020

**Term 4 2020** Monday 12 October—Wed 16 December 2020

*Please note the following diary dates may be subject to change.*

*Further information will be sent home closer to the event being held.*

### February 2020

<b>Fri 7th</b>	PSSA Summer trials
<b>Mon 10th</b>	Meet the Teacher Chats School Banking starts Music Tutorials begin Concert band starts
<b>Tues 11th</b>	School Swimming Carnival
<b>Wed 12th</b>	Meet the Teacher Chat— all classes 3-7pm Kinder Parent/Teacher evening 6.15pm
<b>Thurs 13th</b>	K-6 Assembly (Leaders Induction – Library Monitors)
<b>Wed 19th</b>	Scripture begins
<b>Thurs 20th</b>	K-6 Assembly (Swimming Carnival ribbons)
<b>Mon 24th</b>	Morning Tea with Chaplain 9am P&C meeting 7pm
<b>Thurs 27th</b>	K-6 Assembly (SRC induction)

### March 2020

<b>Mon 2nd</b>	Young Leaders Day
<b>Tues 3rd</b>	Beginner band starts
<b>Thurs 5th</b>	K-6 Assembly Canteen Special Meeting (6pm)
<b>Thurs 12th</b>	Selective HS Test 2021 K-6 Assembly (S2G)
<b>Sun 15th</b>	Working Bee (3-5pm)
<b>Mon 16th</b>	Photo Day
<b>Thurs 19th</b>	K-6 Assembly (World's Greatest Shave)
<b>Mon 24rd</b>	P&C Meeting 7pm
<b>Thurs 26th</b>	K-6 Assembly (S2N)
<b>Fri 27th</b>	Cupcake Day (Music Committee)

### April 2020

<b>Wed 8th</b>	ANZAC Day service
<b>Thurs 9th</b>	Easter Hat Parade & Pedlar's Market Last Day Term 1

## Canteen Closed

**Tuesday 11th February 2020**

**Due to school swimming carnival**





# Messages from The Office

- Welcome back to all our students and families and a special welcome to all our new families that have joined us for 2020. This first newsletter for the year will be sent home as a hard copy and also emailed to you. All future newsletters will only be emailed. The front office always has a few spare copies printed if you would like one. If you do not receive the newsletter today via your email please contact us in the office on 9624 7485 so we can update your email address.
- Students in Years 3-6 have been trialling for Term 1 Summer PSSA teams. Successful students will be bringing home permission notes soon with the costs of all PSSA and bus fees. Permission notes, code of conduct forms and payments must be received before your child can play in the PSSA competition. Once payments and permission notes are received students will be given a PSSA shirt to wear during the season. This shirt must be washed and returned to the office in good condition at the end of Term 1 or a replacement fee of \$50 will be charged.
- If your child requires antibiotics or Doctor prescribed medication to be administered by the office staff during the day, we ask that you measure the dose out into a medical syringe. Place it into a labelled sandwich bag along with the completed Administering of Prescribed Medication form which is found on our website under 'Permission Notes' or available at the office. All medication must be brought to the office by a parent or carer and please note we can only administer Doctor prescribed medication.
- Our finance system allows us to send home via email, permission notes and payment links for excursions, PSSA, CAPA groups and school fees. We ask that all payments be made promptly and by the due date, this allows for correct booking of buses and student numbers to the venues. Should you need an extension of time please contact the office and we can arrange a payment plan. Alternatively, if you get an email about an excursion that your child will not be attending please reply to the email to let us know. We can then update your child's account.
- Our swimming carnival will be held at Granville Pool on Tuesday 11th February. All Years 3-6 are expected to attend. Any student that is turning 8 in Year 2 this year and can swim 50m competitively are also invited to attend. Please contact the office for a permission note. All other Year 2 students will attend school as usual.
- Have you downloaded the latest version of our school APP? It is easier to send absent letters and change of detail notifications via our school APP. Search for Winston Heights Public School APP via your playstore. Don't forget to select notifications so you don't miss any important notices.

## Notes and Money due:

- \* Yrs 3-6 Swimming Carnival \$15 : Due today 6th February

*Mrs Lee Wood, Mrs Rachael Calvar & Mrs Carolyn Leverton*

Office Hours 8.30am - 3.15pm



# Merit Certificates



## Congratulations!

Well done to these PBL Award winners who have been Safe,  
Respectful and Responsible Learners.

Abi, Damon, NFP, Ava

## AWARDED TO

### WEEK 2

KB : Ella & Payton  
KH : Ruby & Jacob  
KM : Sienna & Callum  
1C : Bodhi & Emily  
1H : Cormac & Yohan  
1LW : Nolan & Stella  
2E : Hailey & Benjamin  
2P : Elise & Jake  
2V : Havana & Oliver  
S2F : Emily & Levi  
S2G : NFP & NFP  
S2J : Chase & Matilda  
S2N : Aysha & Andre  
S3A : Sara & Adon  
S3B : Jacob & Chloe  
S3G : Lily & Leith  
S3L : Amelia & NFP  
S3P : Svend & Lauren

**Library: 1H & S2F**

**Super Award:**

**RFF/The Studio: S3P & 2V**



WINSTON HEIGHTS PUBLIC SCHOOL

# Canteen

2020 General Information

## HOW TO ORDER

### Flexischools ordering

Lunch orders can be placed via Flexischools before 9.00am on the day at [www.flexischools.com.au](http://www.flexischools.com.au), or download the app for your phone.

**Sushi-Mondays Only.** Sushi orders can be placed via Flexischools or by paper bag on Mondays.

**Please note** Flexischools MEAL DEALS can only be ordered via Flexischools.

They are not available with cash orders.



Menu	Mon 4/2	Tue 5/2	Wed 6/2	Thu 7/2	Fri 8/2
Sushi Monday	Available				
Recess	Order Online	Order Online	Order Online	Order Online	Order Online
Lunch	Order Online	Order Online	Order Online	Order Online	Order Online

### Paper bag and cash ordering

Alternatively a paper bag order can be placed in canteen cash order box by 9.00am on the day. **The child's name and class must be clearly written on the paper bag.**

It's best to use the exact money, but change can be given if required.

- Please no staples, sticky tape, or mini plastic bags with paper bag orders. These slow down the Volunteers and often the bags get damaged by staples/sticky tape and have to be replaced.

- Paper lunch bags are available from supermarkets, 100 for \$2.00.
- You can also buy paper bags from the Canteen, 10 for \$0.30

The current menu and pricing is available at the Canteen, from the Office or on the Winston Heights Public School app.

MEAL DEALS are not available with cash orders.



## NEW OPERATING HOURS

### OVER-THE-COUNTER SALES

**Monday, Tuesday, Wednesday,**

**Thursday:** RECESS 11.00–11.20am

LUNCH 1.20–1.50pm

**Friday:** LUNCH 1.20–1.50pm

There are **NO Recess or Lunch Orders** on **FRIDAYS**

On 15th April 2019 the new healthy canteen menu was approved by the Menu Check service at NSW Health.

It passed with 81% Everyday and 19% Occasional choices.

For further information on the **Healthy School Canteens Strategy** visit <https://healthyschoolcanteens.nsw.gov.au>



## Menu Changes

### New Items

- Blueberries Frozen Pieces in a Cup
- Meatballs
- Meatball Sub
- Cheeseburger (burger roll, lean beef patty, cheese & choice of BBQ or Tomato sauce)
- Flame-grilled Chicken Burger (burger roll, flame-grilled chicken patty, lettuce, tomato & mayonnaise)
- Egg, Salad and Cheese Wrap
- Roast Chicken Salad Box
- Cheese now in Salad Boxes

### Deleted Items

- Banana Frozen Pieces in a Cup
- Twisted Frozen Yoghurt: Strawberry & Vanilla
- Teriyaki Beef, Cucumber & Capsicum Sushi Roll
- Sushi Mini Boxes: all four varieties
- Beef Burger
- Chicken Thai Curry with Rice
- Chicken Tender Salad Box
- No celery in Salad Boxes

## NO LUNCH?

If a student has no recess/lunch from home or a Canteen order, they can still get something to eat.

Students are to see their classroom teacher and then they will be sent to the Office. The Office will provide a recess/lunch Request Form that the student can bring to the Canteen.

An invoice will then be sent home for this order. Prompt payment of this invoice is greatly appreciated.

## MEAL DEALS

**Please note** Flexischools MEAL DEALS can only be ordered via Flexischools. They are not available with cash orders.

These MEAL DEALS encourage healthy Everyday choices and give a discount of \$0.30 per order.

## GETTING IN CONTACT

If something has gone amiss with an order, we encourage the student to come to the Canteen and our friendly volunteers are always happy to assist.

If you wish to speak with someone working in the canteen during the day you only need to call the school phone – 9624 7485 and the call will be transferred. Or you can write an email to the school ([winstonhts-p.school@det.nsw.edu.au](mailto:winstonhts-p.school@det.nsw.edu.au)) and it will be forwarded.

The Canteen aims to keep its prices low, and all profits are returned back to the school and in consultation with the P&C turned into resources to benefit our children.

The Canteen is volunteer run by our wonderful parents, grandparents & carers, however it is important that you get in touch if you have an issue. It is recommended that you don't use the parents' Facebook page to convey your message, but contact the school by phone or email as outlined above.

## FROZEN ITEMS

All Frozen Items are to be picked up from the Canteen. They will no longer be put in lunch baskets.

All lunch bags will have the Frozen item highlighted

Students must bring their highlighted lunch bags to the Canteen to collect their Frozen Items

There will be an Express line for Frozen Item pickups





WINSTON HEIGHTS PUBLIC SCHOOL

**Canteen**

## NEW 2020 Operating Hours

Day	Recess Orders	Lunch Orders	Over-the-counter Sales
<b>Monday</b>	Yes	Yes	Recess and lunch
<b>Tuesday</b>	Yes	Yes	Recess and lunch
<b>Wednesday</b>	Yes	Yes	Recess and lunch
<b>Thursday</b>	Yes	Yes	Recess and lunch
<b>Friday</b>	No	No	Lunch only

### What can I buy with my money?

<b>10¢</b>	Bread Sticks
<b>20¢</b>	Watermelon slices
<b>30¢</b>	Small Frozen Chocolate Milk Small Frozen Strawberry Milk
<b>50¢</b>	Fresh Fruit Cups Frozen Fruit Pieces in a Cup: <ul style="list-style-type: none"> <li>• Pineapple</li> <li>• Blueberries</li> <li>• Mango</li> <li>• Mixed Berries</li> </ul>
<b>60¢</b>	Raisin Bread Pikelets Large Frozen Chocolate Milk Large Frozen Strawberry Milk
<b>80¢</b>	Noodle Snacks: Chicken O
<b>\$1.00</b>	Bottled Water Frozen Fruit Juice Cups: <ul style="list-style-type: none"> <li>• Apple</li> <li>• Apple &amp; Blackcurrant</li> <li>• Orange</li> <li>• Pineapple</li> </ul>
<b>\$1.20</b>	Juice Poppers: <ul style="list-style-type: none"> <li>• Apple</li> <li>• Apple &amp; Blackcurrant</li> <li>• Orange</li> <li>• Orange &amp; Mango</li> <li>• Paradise Punch</li> </ul>
<b>\$1.40</b>	Chips: Sea Salt O
<b>\$1.50</b>	Berry Flavoured Chilled Yoghurt Vanilla Custard Hot Chocolate
<b>\$1.80</b>	Chocolate Milk Strawberry Milk
<b>\$2.00</b>	Frozen Yoghurt: <ul style="list-style-type: none"> <li>• Chocolate &amp; Vanilla O</li> <li>• Mango &amp; Watermelon O</li> </ul> Paddle Pop: Rainbow O

**O = Eat this occasionally, not everyday**

# The simplest way

... to pack a healthy lunch box .

Does packing lunch boxes feel like a chore? We are here to help you kick start the year easily, packing healthy lunch boxes your kids will enjoy.

**Healthy lunch boxes  
don't have to  
be boring.**



We are very excited to bring you our new look [healthy lunch box website](#) that has been improved with new features and functions based on feedback provided by you! You can now search for gluten free and vegetarian recipes, as well as **easy to freeze** and **quick and easy** recipes because as parents, we know how important it is to pack lunches quickly.

You can sign up to the [Healthy Lunch Box e-newsletter](#) for ideas, updates and recipes delivered to your inbox throughout the year.

**[Check out the new website now!](#)**

**[healthylunchbox.com.au](http://healthylunchbox.com.au)**

# Canteen Roster

Term 1	Week 2	Friday	7th	February	-	-	
Term 1	Week 2	Friday	7th	February	12.45pm	2.00pm	Nerida
Term 1	Week 2	Friday	7th	February	-	-	Linda T (N)
Term 4	Week 3	Monday	10th	February	9.00am	11.30am	Tanya/Estelle
Term 4	Week 3	Monday	10th	February	11.00am	2.00pm	Tanya/Estelle
Term 1	Week 3	Monday	10th	February	11.00am	2.00pm	Tanya/Estelle
Term 1	Week 3	Tuesday	11th	February	9.00am	11.30am	CLOSED
Term 1	Week 3	Tuesday	11th	February	11.00am	2.00pm	SWIMMING CARNIVAL
Term 1	Week 3	Tuesday	11th	February	11.00am	2.00pm	CLOSED
Term 1	Week 3	Wednesday	12th	February	9.00am	11.30am	** Help Needed **
Term 1	Week 3	Wednesday	12th	February	11.00am	2.00pm	Kylie
Term 1	Week 3	Wednesday	12th	February	11.00am	2.00pm	** Help Needed **
Term 1	Week 3	Thursday	13th	February	9.00am	11.30am	Elissa
Term 1	Week 3	Thursday	13th	February	11.00am	2.00pm	** Help Needed **
Term 1	Week 3	Thursday	13th	February	11.00am	2.00pm	** Help Needed **
Term 1	Week 3	Friday	14th	February	-	-	
Term 1	Week 3	Friday	14th	February	12.45pm	2.00pm	** Help Needed **
Term 1	Week 3	Friday	14th	February	-	-	
Term 1	Week 4	Monday	17th	February	9.00am	11.30am	** Help Needed **
Term 1	Week 4	Monday	17th	February	11.00am	2.00pm	Amanda
Term 1	Week 4	Monday	17th	February	11.00am	2.00pm	Jodie
Term 1	Week 4	Tuesday	18th	February	9.00am	11.30am	** Help Needed **
Term 1	Week 4	Tuesday	18th	February	11.00am	2.00pm	** Help Needed **
Term 1	Week 4	Tuesday	18th	February	11.00am	2.00pm	** Help Needed **
Term 1	Week 4	Wednesday	19th	February	9.00am	11.30am	Kylie
Term 1	Week 4	Wednesday	19th	February	11.00am	2.00pm	** Help Needed **
Term 1	Week 4	Wednesday	19th	February	11.00am	2.00pm	** Help Needed **
Term 1	Week 4	Thursday	20th	February	9.00am	11.30am	Linda G
Term 1	Week 4	Thursday	20th	February	11.00am	2.00pm	Rhiannon
Term 1	Week 4	Thursday	20th	February	11.00am	2.00pm	Roseanne
Term 1	Week 4	Friday	21st	February	-	-	
Term 1	Week 4	Friday	21st	February	12.45pm	2.00pm	Kimberley
Term 1	Week 4	Friday	21st	February	-	-	Belinda
Term 1	Week 5	Monday	24th	February	9.00am	11.30am	** Help Needed **
Term 1	Week 5	Monday	24th	February	11.00am	2.00pm	** Help Needed **
Term 1	Week 5	Monday	24th	February	11.00am	2.00pm	** Help Needed **
Term 1	Week 5	Tuesday	25th	February	9.00am	11.30am	** Help Needed **
Term 1	Week 5	Tuesday	25th	February	11.00am	2.00pm	** Help Needed **
Term 1	Week 5	Tuesday	25th	February	11.00am	2.00pm	** Help Needed **
Term 1	Week 5	Wednesday	26th	February	9.00am	11.30am	** Help Needed **
Term 1	Week 5	Wednesday	26th	February	11.00am	2.00pm	Kylie
Term 1	Week 5	Wednesday	26th	February	11.00am	2.00pm	** Help Needed **
Term 1	Week 5	Thursday	27th	February	9.00am	11.30am	Jodie
Term 1	Week 5	Thursday	27th	February	11.00am	2.00pm	Beth
Term 1	Week 5	Thursday	27th	February	11.00am	2.00pm	Jodie
Term 1	Week 5	Friday	28th	February	-	-	
Term 1	Week 5	Friday	28th	February	12.45pm	2.00pm	** Help Needed **
Term 1	Week 5	Friday	28th	February	-	-	



# MODEL FARMS HIGH SCHOOL OPEN NIGHT

For Years 5 & 6  
Students and Families



**Tuesday 3rd  
March 2020  
6.30pm School Hall**

**Information Performances  
Displays Tours**

**Out of area applications  
most welcome.**

**Individual daytime tours and  
interviews available.**



**Enquiries:**

**Mark  
Grady**

**Principal**

**9624 3133**

Email: [modelfarms-h.school@det.nsw.edu.au](mailto:modelfarms-h.school@det.nsw.edu.au)  
Website: [www.modelfarms-h.schools.nsw.gov.au](http://www.modelfarms-h.schools.nsw.gov.au)

## Winston Heights PS - Term 1 2020

Term One	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT SUN
1	27 January  Australia Day Public Holiday	28 January  School Development Day  School Office Open	29 January Students return Yrs 1-6  Best Start – Kinder  Music Com. Meeting 6:30pm	30 January  Best Start - Kinder	31 January  Best Start - Kinder	1 2 Feb
2	3 February Kinder Students Start	4 February  Body and Mind Wellbeing Yrs1-6	5 February	6 February	7 February	8 9 Feb
3	10 February  Music Tutorials begin Concert Band Starts School Banking Starts	11 February  Swimming Carnival Years 3-6	12 February  Performance Band Starts  Castle Hill PSSA Zone Trials – Bernie Mullane  Meet The Teacher Chat – all classes 3-7pm Parent Info Kinder 6:15pm	13 February  Student Library Monitor Induction 11:30am	14 February	15 16 Feb
4	17 February	18 February  Body and Mind Wellbeing Yrs1-6	19 February  Scripture Begins	20 February  Swimming Carnival Ribbons at Assembly	21 February	22 23 Feb
5	24 February  Morning Tea with Chaplain 9am  P&C Meeting 7pm	25 February  Body and Mind Wellbeing Yrs1-6	26 February  School Council Meeting 6:30pm	27 February  SRC Induction – at Assembly	28 February	29 Feb 1 Mar
6	2 March Young Leaders Day  123 Magic – Course for Parents	3 March Beginner Band Starts  Body and Mind Wellbeing Yrs1-6	4 March	5 March Zone Swimming Carnival  Canteen Special Meeting 6pm	6 March	7 8 Mar
7	9 March  123 Magic – Course for Parents	10 March Body and Mind Wellbeing Yrs1-6	11 March	12 March  Selective HS Tests 2021	13 March	14 15 Mar
8	16 March  School Photo Day 123 Magic – Course for Parents	17 March  Body and Mind Wellbeing Yrs1-6	18 March  Music Com. Meeting 6:30pm	19 March  Sydney West Swimming	20 March  Bullying! No Way!	21 22 Mar
9	23 March  P&C Meeting 7pm	24 March PSSA Winter Team Trials  Body and Mind Wellbeing Yrs1-6	25 March	26 March	27 March  Music Committee Cupcake Day	28 29 Mar
10	30 March	31 March Body and Mind Wellbeing Yrs1-6	1 April	2 April  K-6 Olympicathon (TBC)	3 April  Peer Support Training Day	4 5 Apr
11	6 April	7 April  Body and Mind Wellbeing Yrs1-6	8 April  ANZAC Day – School Service	9 April  Pedlar's Parade & Easter Hats Last Day Term 1	10 April  Good Friday	11 12 Apr
Hols	13 April Easter Monday	14 April	15 April	16 April	17 April	18 19 Apr
Hols	20 April	21 April	22 April	23 April	24 April	25 26 Apr

## Winston Heights PS - Term 2 2020

Term Two	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT SUN
1	27 April School Development Day School Office Open	28 April Students return K-6 Dance	29 April	30 April	1 May Dance	2 3 May
2	4 May Kinder 2020 Enrolments Open	5 May Dance	6 May  Music Com. Meeting 6:30pm	7 May Mother's Day Stall	8 May Dance  <b>Mother's Day – Sun 10th</b>	9 10 May
3	11 May Zone Cross Country Carnival  P&C 7pm	12 May <b>NAPLAN</b> Dance	13 May <b>NAPLAN</b>	14 May <b>NAPLAN</b>	15 May <b>NAPLAN</b>  Dance	16 17 May
4	18 May <b>NAPLAN</b>	19 May <b>NAPLAN</b> Dance	20 May <b>NAPLAN</b>	21 May <b>NAPLAN</b>	22 May <b>NAPLAN</b> Dance	23 24 May
5	25 May Band Camp	26 May Band Camp Dance	27 May  School Council Meeting 7pm	28 May Choir Rehearsal - HPA	29 May Dance	30 31 May
6	1 June	2 June Dance	3 June School Open Afternoon	4 June	5 June Dance	6 7 June
7	8 June QUEEN'S BIRTHDAY	9 June Dance	10 June Sydney West Cross Country	11 June	12 June Dance	13 14 June
8	15 June	16 June Dance	17 June Music Com. Meeting 6:30pm	18 June SRC Disco	19 June Dance	20 21 June
9	22 June P&C Meeting 7pm	23 June Dance	24 June	25 June	26 June Dance  P&C Trivia Night 27 <sup>th</sup> June	27 28 June
10	29 June	30 June Dance	1 July Library – NAIDOC Author Visit  P/T Interviews	2 July	3 July Dance Last day Term 2	4 5 July
Hols	6 July	7 July	8 July	9 July	10 July	11 12 July
Hols	13 July	14 July	15 July	16 July	17 July	18 19 July



## Winston Heights PS - Term 3 2020

Term Three	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT SUN
1	20 July School Development Day	21 July Students return K-6	22 July	23 July Athletics Carnival	24 July	25 26 July
2	27 July  P&C Meeting	28 July  Body and Mind Wellbeing - K	29 July  OC Test for Entry 2020  Music Com. Meeting 6:30pm	30 July	31 July	1 2 Aug
3	3 August <b>NSW Education Week</b>	4 August <b>NSW Education Week</b> Open Day  Body and Mind Wellbeing - K	5 August <b>NSW Education Week</b>	6 August <b>NSW Education Week</b>	7 August <b>NSW Education Week</b>	8 9 Aug
4	10 August	11 August  Body and Mind Wellbeing - K	12 August	13 August	14 August	15 16 Aug
5	17 August  St 3 Camp	18 August  St 3 Camp  Body and Mind Wellbeing - K	19 August  St 3 Camp  School Council Meeting 6:30pm	20 August	21 August	22 23 Aug
6	24 August  Zone Athletics Carnival  P&C Meeting 7pm	25 August  Body and Mind Wellbeing - K	26 August	27 August  Book Week Character Parade	28 August	29 30 Aug
7	31 August	1 September  Body and Mind Wellbeing - K  Hills Performing Arts Festival	2 September	3 September  Father's Day Stall  NSW Police Band at Assembly	4 September  Father's Day – 6 <sup>th</sup> Sept	5 6 Sep
8	7 September	8 September  Body and Mind Wellbeing - K  Sport and Group Photos	9 September  Music Com. Meeting 6:30pm	10 September  SRC Disco	11 September	12 13 Sep
9	14 September	15 September  Body and Mind Wellbeing - K	16 September  Sydney West Athletics  Kinder Excursion	17 September  SRC Disco	18 September	19 20 Sep
10	21 September	22 September  Body and Mind Wellbeing - K	23 September	24 September	25 September  Last day Term 3	26 27 Sep
Hols	28 September	29 September	30 September	1 October	2 October	3 4 Oct
Hols	5 October Labour Day	6 October	7 October	8 October	9 October	10 11 Oct

## Winston Heights PS - Term 4 2020

Term Four	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT SUN
1	12 October Students return K-6	13 October	14 October	15 October	16 October	17 18 Oct
2	19 October	20 October  St 2 Camp	21 October  St 2 Camp  Music Com. Meeting 6:30pm	22 October	23 October	24 25 Oct
3	26 October  P&C Meeting 7pm	27 October	28 October	29 October	30 October  Halloween Movie Night - P&C	31 Oct 1 Nov
4	2 November	3 November	4 November	5 November  Kinder Orientation	6 November	7 8 Nov
5	9 November	10 November	11 November  School Council Meeting 6:30pm	12 November  Kinder Orientation	13 November  Music Committee Ice Cream Day	14 15 Nov
6	16 November	17 November	18 November  Music Com. Meeting 6:30pm	19 November  Kinder Orientation	20 November  Twilight Market or Spring Fair - TBC	21 22 Nov
7	23 November  P&C Meeting 7pm	24 November	25 November	26 November	27 November	28 29 Nov
8	30 November  Band Presentation	1 December  Keyboard Presentation	2 December	3 December	4 December	5 6 Dec
9	7 December	8 December	9 December  Presentation Assemblies	10 December  Yr 6 Surf Day	11 December	12 13 Dec
10	14 December  Yr 6 Farewell	15 December  Carols Night	16 December  Talent Quest  Last day for students	17 December School Development Day	18 December School Development Day	19 20 Dec
Hols	21 December	22 December	23 December	24 December	25 December	26 27 Dec
Hols	28 December	29 December	30 December	31 December	1 January 2021	2 3 Jan 2021



Phone: 9624 7485, 9624 7486  
Facsimile: 9838 8482

BUCKLEYS ROAD,  
WINSTON HILLS, 2153

Monday 3<sup>rd</sup> February 2020

## UPDATE from the Department of Health Novel Coronavirus Advice

Dear Parents/Carers,

### Update advice for Parents – as at 2 February 2020

Current advice from the [Australian Government Department of Health](#) for parents in regards to the Novel Coronavirus is:

- Any student and staff arriving in Australia *from 1 February 2020* who has been in mainland China or transited through mainland China (not just Hubei province) is **excluded** from school and child care services for a period of 14 days from the date they left mainland China as the Novel Coronavirus' incubation period can be as long as two weeks.
- Any confirmed case of Novel Coronavirus will be excluded until they are medically cleared to return
- Close contact of a confirmed case of Novel Coronavirus will be excluded for 14 days since last contact with the confirmed case.
- Any student and staff arriving *before 1 February* our previous advice remains that students and staff who were in Hubei province are excluded from school or child care services for 14 days, and those who were in the rest of China are requested to not attend school or child care services for a period of 14 days after leaving China.
- More information can be found at [NSW Health](#).

Students who returned to Australia from mainland China more than 14 days ago and have shown no symptoms are able to return to school.

The Ministry of Health has processes in place to identify any close contacts of cases confirmed in Australia. Advice about not attending school would be provided to these close contacts by the Ministry of Health.

There has been a small number of confirmed cases of novel coronavirus in NSW.

Consistent with current guidelines, staff and students who are unwell with respiratory illness should remain at home until symptoms resolve. In accordance with our current practice if any child becomes unwell we will implement our infection control guidelines and follow the advice provided by the Ministry of Health as appropriate.

The Department of Education will continue to work with the Ministry of Health to monitor and respond to the unfolding international novel coronavirus situation.

Regards,

*Mrs Margaret Creagh*  
Principal