



# Heights Happenings

Winston Heights Newsletter

TERM 4

WEEK 4

Dear Parents,

## Planning for 2020

As I have mentioned in past newsletters we are currently planning for the 2020 school year. It is important to let the school know if your child/children will be returning late to school next year due to family holidays. This will ensure a place will be kept for your child in a class for 2020 if they have not returned by our start date of 29<sup>th</sup> January 2020. By informing the school of your return date in writing, either by a letter or **completing the form** that is included in the newsletter, this will keep their position open. The note needs to be signed by a parent and include a contact phone number.

Kindergarten students will start on Monday 3<sup>rd</sup> February 2020. They will also be given a Best Start time and date which parents will be advised through individual letters during our Kindergarten Orientation program.

## Sydney West Athletics Carnival

Congratulations Noah on your 3<sup>rd</sup> place in the 100m at the recent Sydney West Athletics Carnival. Noah then competed at the State Carnival and did his very best against the State's top 10 year old runners. Well done Noah!

## Community Corner Project

Our Grand Opening Afternoon for our Community Corner will be held on Friday 8<sup>th</sup> November (tomorrow) from 3:30-5:30pm. Mr Mark Taylor, MP for Seven Hills, will be officially opening the Community Corner project. This lovely new area is the result of combined funding from the State Government through a Community Partnerships Grant and our own P&C. The P&C contributed \$65000 towards the final product and the Canteen donated two of our covered picnic shelters and the other was donated by the SRC. Our special afternoon is to show off our new area and just join together as a community in a celebratory afternoon. Motiv8 Sports will provide a free sports clinic and there will be face painting and balloons. Our fantastic sponsors, Award Real Estate, will also be attending and running the BBQ. Thank you Award for your ongoing support of Winston Heights.

## Design Competition

Congratulations to Zoe from Year 5. She designed the winning entry for the artwork that will be painted on the side of a Recycling Truck that will travel around Parramatta. A special presentation will be made to Zoe in the coming weeks.

## Workshop for Year 6 Parents

A special workshop will be held on Monday 18<sup>th</sup> November from 6:30-8:30pm. This is for parents of our Year 6 children heading off to high school next year. It will be about the management of transition from primary school to high school. The workshop will be run by Bluebird Psychology and will address important topics like anxiety and stress about change, friendship changes (teenage friendships, social media), homework (study, planning and organisation), identity and changes in early teen years, and growing independence and responsibility. More details will be sent out soon, including an expression of interest to attend.

## **Stage 2 Camp**

Stage 2 students enjoyed two lovely days at the Great Aussie Bush Camp in Kincumber last week. Thank you to the staff who gave up their own personal time to stay overnight and enjoy the camp with our students. Many special memories are made at camp for our students. Well done to our Year 3 children who, for many of them, was the first time away from home.

## **Parking Around the School**

A friendly reminder to ensure that you park safely and in the appropriate place in the streets around our school when dropping off or picking up your children. Parking rangers have been vigilant in the area recently. Please note that the staff car park is for STAFF ONLY. You are also reminded to NOT park in the car park of the Fitness Centre next to the school. This is for their patrons only.

## **Year 6 Mini Fair**

Well done to Year 6 on their Mini Fair held on Tuesday. There were some great activities planned by the Year 6 students for Kindergarten to Year 5 peers and the WHPS students enjoyed themselves immensely. Thank you to the parents who assisted on the day with the BBQ. I would also like to take this opportunity to thank our Year 6 parents who supported their children in preparing items for their stalls and activities, donating food, drinks and prizes. It enabled the students to have a fantastic time.

## **Communication between Home and School**

During the last 2 years there have been many robust discussions held at the P&C meetings around communication. A goal was set between the P&C and School to improve communication. The general consensus at the recent P&C meeting was that communication has greatly improved and the variety of methods of communication have enabled parents to receive information and timely feedback to questions or requests. If you have any concerns or questions it is always a good idea to come to the source, the school, so that we can assist you. You can send an email to the school, request an appointment with a teacher through the School App or by phone or at the office through a Request for Appointment Form.

I was recently made aware of negative communications on the Parents' Facebook page around recent events at school. This was discussed at the P&C meeting. I do not have access to the Facebook Page, and I don't wish to, however, I do hope that when questions are asked and answered, when comments are made, that you are receiving reliable information and advice. Please remember that our school culture can be adversely affected by negativity. Our school is an amazing place with parents, teachers and students working together forming a dynamic community. This is our community and a school where your children attend. Let's ensure that we are all working to make improvements for our Winston Heights students and continue to make it great.

## **Kindergarten 2020 Orientation**

Today was our first Kindergarten Orientation visit. It was lovely to see all our new enrolments for 2020 attend and go into the Kindergarten classrooms. This week it was with mum and dad. Next week the children will wear their brave faces and go into the Kindergarten classrooms on their own with their new friends while Mums and Dads will listen to information about School Readiness in the hall. Our orientation days are an essential part of the transition to school program. Thank you to our KH parents who provided morning tea today for our incoming families.

## **Movie Night Thank You**

I would like to take this opportunity to thank the P&C for their organisation of our recent Halloween Movie Night. Particular thanks to Sam and his team who setup the event with a great BBQ and treats before the movie commenced.

Kind regards,

**Margaret Creagh**

**Principal**

# Community Corner



# Stage 2

# Great Aussie Bush Camp





# Community Corner

**Friday 8th November**

**3:30pm—5:30pm**



**Come and see our new improved playground area**

Mr Mark Taylor, MP Seven Hills, will officially open our corner.



BBQ sponsored by Award Real Estate—Sausage Sizzle (\$2.50)

Free Sports Clinic by Motiv8 Sports



Free Balloons & Face Painting

Slushies (\$2 each)





This week S2P did their Healthy Canteen Challenge. In small groups they created a healthy snack as part of their procedure unit.



### **PSSA Results Round 10 - 25th Oct 2019**

#### **Girls Senior Touch played BHNPS**

**Lost 3-2** Player of the match was Estelle as she was good with talking to everyone. The game was good. We all played well. By Leilani.

#### **Girls Junior Touch played BHNPS**

**Won 3-0** Player of the match was Charli with fantastic defence. This game was great! We did great passes and communicated well. Our defence was brilliant all through the game. By Riley

#### **Junior Cricket played Jasper Road**

**Lost 77/80** Player of the match was Thomas—excellent bowling. It was a very close game and everyone played well. By Archie.

#### **Senior Cricket played Jasper Road**

**Lost** Player of the match was Liam. Everyone was encouraging and we tried our best even though we lost. By Vedanth.

### **PSSA Results Round 10 - 25th Oct 2019**

#### **Girls T-Ball played Murray Farm**

**Won 21-9** Player of the match was Alice. We had a great game because we played fairly and cheered each other on. By Alyssa.

#### **Boys T-Ball played Murray Farm**

**Lost 19-11** Player of the match was Nilay. It was a good game because people showed sportsmanship. By Matt.

#### **Boys Junior Touch played Baulkham Hills North**

**Won 3-0** Player of the match was Jacob. Great game lads. Job well done. By Mr Nico.

#### **Boys Senior Touch played Baulkham Hills North**

**Lost 5-4** Player of the match was Ethan. ... I'm still feeling it ... By Mr Nico.



# Enrolling now for Kindergarten 2020



Kindergarten enrolments are now being accepted at the office between 8.30 and 3pm.

To be eligible for enrolment for Kindergarten in 2020 your child must turn 5 by 31st July 2020.

You will need to bring the following documents with you to the office:

- \*Completed enrolment form
- \*Child's original birth certificate or passport
- \*Immunisation certificate
- \*Two forms of proof of address - eg: Utility bills, rates notice, lease agreement, home or contents insurance
- \*Parent's passport if both parents born overseas

For all enquiries please do not hesitate to contact the office on 9624 7485

# MOVEMBER



**GROW IT. SHOW IT. SUPPORT IT.**

You may have recently seen something suspicious growing above some of the teachers noses recently? A team of teachers are getting behind the Movember Movement this November. Movember aims at bringing attention to two keys issues amongst men:

Our fathers, brothers, sons and friends are suffering from mental illness, every minute of every day.

We won't accept this. To make change happen, Movember views mental health through a male lens. We focus on early intervention, engaging men and working to their strengths. By 2030, we aim to reduce the rate of male suicide by 25%.

Men with prostate cancer and testicular cancer face an uphill battle before, during and after treatment. But with useful tools and straight-shooting advice, we aim to lighten their load so these men can live life to the fullest.

The team would really appreciate your support. On the 28<sup>th</sup> of November we will be running a small donation drive, whereby, students can bring in a gold coin donation and we will be painting moustaches on their faces. Alternatively, you can donate by going to the following link and donating. The smallest donations will make a big difference.

<https://moteam.co/winston-heights-public-school?mc=1>

Thanks for your support,

Winston Heights Public School Movember Team





# Diary Dates

## TERM DATES 2019

Term 4: Monday 14th October — Wednesday 18th December

**Term 1 2020: Years 1 - 6 start Wednesday 29 January 2020 - Thursday 9th April 2020**

**Kindergarten 2020 start Monday 3 February 2020 - Thursday 9th April 2020**

*Please note the following diary dates may be subject to change.*

*Further information will be sent home closer to the event being held.*

### November 2019

<b>Friday 8th</b>	Community Corner Grand Opening 3:30pm
<b>Thurs 14th</b>	Kinder Orientation
<b>Thurs 21st</b>	Kinder Orientation
<b>Mon 25th</b>	P&C Meeting 7pm
<b>Thurs 28th</b>	1L Assembly

### December 2019

<b>Mon 2nd</b>	CARES S2N Band Presentation
<b>Tues 3rd</b>	Public High School Orientation CARES S2P Keyboard Presentation
<b>Wed 4th</b>	Helpers' Morning Tea & Final Combined Scripture
<b>Thurs 5th</b>	KB Assembly CARES S2O
<b>Mon 9th</b>	CARES S2A Year 6 Surf Day
<b>Tues 10th</b>	Year 6 Graduation Assembly Year 6 Farewell
<b>Wed 11th</b>	Presentation Assemblies
<b>Tues 17th</b>	Carols Night
<b>Wed 18th</b>	Talent Quest Last Day for Students Term 4

### PSSA Sport Calendar

#### Softball/T-Ball

8/11 @ Gooden Drive Reserve

15/11 @ Gooden Drive Reserve

#### Touch

8/11 & 15/11 @ Ted Horwood Reserve

#### Cricket

8/11 @ Masonic Oval

15/11 @ Max Ruddock

Students leave  
school at 9am.

Play begins approx.  
9:30am



# Merit Certificates

## Congratulations!

Well done to these PBL Award winners who have been Safe,  
Respectful and Responsible Learners.



Sofia, Aaliyah, Willow, Maddison, Adon, Yana, Owen, Callum, Ella,  
Paige & Athena

### AWARDED TO

#### WEEK 3

KB : Lachlan & Leo  
KH : Stella & Yohan  
KM : Layla & Liam  
1F : Aaryan & Scarlett  
1H : Renit & Stacey  
1L : Journii & Abi  
2G : Lachlan & Athena  
2L : Neek & Ava  
2P : Olivia & Livia  
S2A : Travis & Max  
S2N : Patrick & NFP  
S2O : Tommy & Madelyn  
S2P : Kyaten & NFP  
S3B : NFP & Will  
S3F : Emma & Sienna  
S3G : Amelia & Alex  
S3N : Taylor & Bridie  
S3S : Lauren & Jacob

**Library:** KM & S3B

**Super Award:** Elissa

**RFF:** KB

### AWARDED TO

#### WEEK 4

KB : Ebony & Lucas  
KH : Evie & Emmeth  
KM : Lucas & Sophia  
1F : Amisuca & Aaricia  
1H : Evie & Ruqayah  
1L : Elise & Geoffrey  
2G : Connor & NFP  
2L : Indy & Thomas, Stefan  
2P : Jaylah & Eva  
S2A : Kaubi & Nicholas  
S2N : Riley & Harry  
S2O : Keira & Brandon  
S2P : Lillian & Jorga  
S3B : Hayden & Jackson  
S3F : Aaron & Josh  
S3G : Jackson & Mike  
S3N : Cameron & Zoe  
S3S :

**Library:** 2L & S2O

**Super Award:**

**RFF:** S2P



**WINSTON HEIGHTS PUBLIC SCHOOL  
RETURN TO SCHOOL IN 2020**

26<sup>th</sup> September 2019

Dear Parents/Carers,

During Term 4 the school will be organising classes for 2020. The students in Years 1 to 6 (2020) return to school on Wednesday 29<sup>th</sup> January 2020. Some families take longer school holidays and do not return to school until after this date. If you are intending to return your children to school **after** Wednesday 29<sup>th</sup> January 2020, can you please fill in the details on **Form A**, below and then return the form to the office as soon as possible. This will ensure that your child will be on a class list for 2020.

If you are **not** intending to return your child to Winston Heights Public School in 2020 **at all**, can you please indicate this on **Form B** below and return it to the school office.

If you are unsure about it now, you can still let us know when you have made a decision later in Term 4. Just send us a note or visit the office and let us know.

If you are intending to return your child to school on Wednesday 29<sup>th</sup> January 2020, you **do not need to return the form below**.

Margaret Creagh  
Principal

**FORM A – LATE RETURN TO SCHOOL IN 2020**

My child/ren **will be taking an extended holiday** and will return to Winston Heights Public School after Wednesday 29<sup>th</sup> January 2020.

Child's name \_\_\_\_\_ 2019 class \_\_\_\_\_  
Child's name \_\_\_\_\_ 2019 class \_\_\_\_\_  
Child's name \_\_\_\_\_ 2019 class \_\_\_\_\_  
Child's name \_\_\_\_\_ 2019 class \_\_\_\_\_

Expected return to school date: \_\_\_\_\_

Contact name: \_\_\_\_\_ Contact Phone Number: \_\_\_\_\_

**OR**

**FORM B – NOT RETURNING TO SCHOOL IN 2020**

My child \_\_\_\_\_ of 2019 class \_\_\_\_\_  
My child \_\_\_\_\_ of 2019 class \_\_\_\_\_  
My child \_\_\_\_\_ of 2019 class \_\_\_\_\_  
My child \_\_\_\_\_ of 2019 class \_\_\_\_\_

**will not** be returning to Winston Heights Public School in 2020. My child will be changing

to \_\_\_\_\_ (name of new school in 2020).

Signed \_\_\_\_\_ Date \_\_\_\_\_

*Please return to the school office only if necessary.*

**NB: If your child is returning to Winston Heights Public School on Wednesday 29<sup>th</sup> January 2020, you DO NOT need to return this note.**

# Reward Scheme for Canteen Volunteers

The Canteen Committee has decided to introduce a reward scheme for the volunteers who give their time to help in the canteen. There are two rewards and the flyer explains them in detail.

**Reward 1** is formalising the free lunch that was always on offer.

**Reward 2** is a new incentive whereby if a volunteer does four or more shifts during the term then they go in the draw to win a voucher or prize.

By offering these rewards we are hoping to encourage greater help in the canteen.



WINSTON HEIGHTS PUBLIC SCHOOL

Canteen

## Reward 1

### **Volunteer Food & Drink Reward**

On the day you volunteer you are entitled to free food and drinks items up to the value of \$4.00.

This can be for yourself for lunch and/or for your children, and is only available on the day that you volunteer.

To redeem this you must write down the item/s on a clipboard tally sheet placed near the invoice books.

*Tea, coffee and hot chocolate is complimentary.*

## Reward 2

### **Volunteer Term Reward (Term 4 2019)**

Volunteers who do four or more shifts during Term 4, will go into a draw to win a voucher from one of our Sponsors or prepaid VISA valued at \$50.

Four shifts equals one chance to win, five shifts equals two chances to win, six shifts equals three chances to win, etc, etc.

If you volunteer all day, this counts as two shifts.

A winner will be draw in the last week of Term.



WINSTON HEIGHTS PUBLIC SCHOOL

# Canteen

# SLUSHIE WEEK

The Canteen will be hosting a **Slushie Week** and Slushies will be available to purchase every lunchtime during:

- Wednesday 6th November**
- Thursday 7th November**
- Friday 8th November**
- Monday 11th November**
- & Tuesday 12th November**

**\$2.00**

## Two Flavours: **Strawberry** & **Lemon Lime**

As these are a frozen item, they have to be picked up from the Canteen. They will not be put in lunch baskets.

*The Canteen will also be open to sell Slushies at the Grand Opening of the Community Corner on Friday 8th November, from 3.30pm until 5.30pm.*



Fruchilla is made by using 99% premium fruit juice concentrate. No added sugars, all natural colours & flavours, low GI, zero fat, zero cholesterol and extra added vitamin C.



**Everyday**

Nutritional Information		
When diluted to instructions & frozen		
Serve Size 200mL	Qty Per Serve	Qty Per 100mL
Energy	356kJ	178kJ
Protein	<1g	<1g
Fat		
-Total	<1g	<1g
-Saturated	<1g	<1g
Carbohydrate		
-Total	21.8	10.9
-Sugars	21.8	10.9
Sodium	10mg	5mg
Vitamin C	20mg	10mg

# Canteen Roster

Term 4	Week 4	Friday	8th November	9.00am	11.30am	**Help Needed**
Term 4	Week 4	Friday	8th November	11.00am	2.00pm	Tracey
Term 4	Week 4	Friday	8th November	11.00am	2.00pm	**Help Needed**
Term 4	Week 5	Monday	11th November	9.00am	11.30am	**Help Needed**
Term 4	Week 5	Monday	11th November	11.00am	2.00pm	Amanda
Term 4	Week 5	Monday	11th November	11.00am	2.00pm	Jodie
Term 4	Week 5	Tuesday	12th November	-	-	NIL
Term 4	Week 5	Tuesday	12th November	12.45pm	2.00pm	Elaine
Term 4	Week 5	Tuesday	12th November	-	-	NIL
Term 4	Week 5	Wednesday	13th November	9.00am	11.30am	**Help Needed**
Term 4	Week 5	Wednesday	13th November	11.00am	2.00pm	Sonja
Term 4	Week 5	Wednesday	13th November	11.00am	2.00pm	Kylie
Term 4	Week 5	Thursday	14th November	9.00am	11.30am	**Help Needed**
Term 4	Week 5	Thursday	14th November	11.00am	2.00pm	**Help Needed**
Term 4	Week 5	Thursday	14th November	11.00am	2.00pm	**Help Needed**
Term 4	Week 5	Friday	15th November	9.00am	11.30am	**Help Needed**
Term 4	Week 5	Friday	15th November	11.00am	2.00pm	Roseanne
Term 4	Week 5	Friday	15th November	11.00am	2.00pm	**Help Needed**
Term 4	Week 6	Monday	18th November	9.00am	11.30am	Tanya/Estelle
Term 4	Week 6	Monday	18th November	11.00am	2.00pm	Tanya/Estelle
Term 4	Week 6	Monday	18th November	11.00am	2.00pm	Tanya/Estelle
Term 4	Week 6	Tuesday	19th November	-	-	NIL
Term 4	Week 6	Tuesday	19th November	12.45pm	2.00pm	Jodie
Term 4	Week 6	Tuesday	19th November	-	-	NIL
Term 4	Week 6	Wednesday	20th November	9.00am	11.30am	Kylie
Term 4	Week 6	Wednesday	20th November	11.00am	2.00pm	**Help Needed**
Term 4	Week 6	Wednesday	20th November	11.00am	2.00pm	**Help Needed**
Term 4	Week 6	Thursday	21st November	9.00am	11.30am	Gabi
Term 4	Week 6	Thursday	21st November	11.00am	2.00pm	Beth
Term 4	Week 6	Thursday	21st November	11.00am	2.00pm	Gabi